BIG BOOK CAFÉ SUNDAY Daily Reflections

CHAIRPERSON: ASSIGN READINGS AS PEOPLE COME IN

More about Alcoholism, pg. 30 **OR** How it Works, pg. 58 (only 1 reading)

Tradition of the Month, pg. 564

Promises, Bottom of Pg. 83, **OR** A Vision for You, pg. 164.

Chips

Please help me open the meeting with a moment of silence followed by the Serenity Prayer.

God, Grant me the Serenity
to accept the things I cannot change,
Courage to change the things I can,
and the Wisdom to know the difference.

2. Introduce yourself. Hi, my name is: _____ and I'm an alcoholic.

Welcome to the Big Book Café Group of Alcoholics Anonymous

3. AA PREAMBLE

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety

- 4. I asked a friend to read "More about Alcoholism" OR "How It Works"
- 5. It is customary in this group to read the tradition of the month. Introduce person reading "The Tradition of the Month"
- 6. I would like to welcome you all to the Big Book Café Group of Alcoholics Anonymous
 - A. Is there anyone here in their first 30 days?
 - B. Is there anyone visiting our group today that would like to introduce themselves?
 - C. Is anyone just coming back?

7. This is an open meeting of Alcoholics Anonymous. We are glad you are all here, especially newcomers. In keeping with our singleness of purpose and our Third Tradition which states: "the only requirement for membership is the desire to stop drinking, we ask all who participate confine their discussion to their problems with alcohol."

| END OF OPENING | |
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| Body of Meeting | |

9. Today is a "Daily Reflections" Meeting. I have asked someone in the group to read and share on the literature found on today's date in the Daily Reflections book. Tonight _____will be doing that for the group.

During the discussion portion of our meeting, please limit your sharing to 3 to 4 minutes.

NOTE: secretary report, pause around 6pm for secretary report unless hands are raised. Call on all people before breaking for report.



[At (6:20-6:25) start Closing the meeting.]

We must limit this meeting to an hour.

- 1. Introduce the person who is reading: "The Promises" OR "A Vision for You"
- 2. Introduce the person doing the VIRTUAL CHIPS.

White chip,
Cranberry Disc 30 days,
Harvest Gold 2 months, ← This is said by chip person
Red 3 months
Blue 6 months
Aluminum Thang 9 months

- 3. Ask if there are any announcements for the good of AA?
- 4. Thanks to everyone for coming and those who shared, and to those who did service for the group
- 5. This is a program of anonymity, What You Hear Here & Who You See Here, Let It Stay Here, Here-Here
- 6. We have a great way of closing.....Our Father...