

BIG BOOK CAFÉ  
SUNDAY Daily Reflections

CHAIRPERSON: ASSIGN READINGS AS PEOPLE COME IN

More about Alcoholism, pg. 30 **OR** How it Works, pg. 58 (only 1 reading)

Tradition of the Month, pg. 564

Promises, Bottom of Pg. 83, **OR** A Vision for You, pg. 164.

Chips

Please help me open the meeting with a moment of silence followed by the Serenity Prayer.

**God, Grant me the Serenity  
to accept the things I cannot change,  
Courage to change the things I can,  
and the Wisdom to know the difference.**

2. **Introduce yourself.** Hi, my name is: \_\_\_\_\_ and I'm an alcoholic.

Welcome to the Big Book Café Group of Alcoholics Anonymous

**3. AA PREAMBLE**

Alcoholics Anonymous is a fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety

4. I asked a friend to read "**More about Alcoholism**" **OR** "**How It Works**"

5. It is customary in this group to read the tradition of the month. Introduce person reading "**The Tradition of the Month**"

6. I would like to welcome you all to the **Big Book Café Group of Alcoholics Anonymous**

A. Is there anyone here in their first 30 days?

B. Is there anyone visiting our group today that would like to introduce themselves?

C. Is anyone just coming back?

